

My Letter to Guru Nanak Dev Ji

(How Naam Simran changed my life)

Dear Guru Nanak Dev Ji,

I have been doing Naam Simran everyday. It has helped me become more

I no longer feel any

I even do Simran to help me

I have even started feeling more

Thank you for the wonderful gift of Naam Simran, Guru Ji.

In Chardikala,

My Letter to Guru Nanak Dev Ji

(How Naam Simran changed my life)

Dear Guru Nanak Dev Ji,

I have been doing My Naam Simran everyday. It has helped me become more

(Color in all the hearts that apply)

Sweet

Kind

Brave

Calm

Patient

Self-Aware

Loving

Self-confident

Positive

Thank you for the wonderful gift of Naam Simran, Guru Ji.

In Chardikala,
